



Dentistry and photography courtesy of Daniele Larose, DMD

Finishing & Polishing Guide

 **Clinician's Choice®**
Designed for better dentistry.

Finishing & Polishing Quick Reference Guide	A.S.A.P. [®] Polishers	A.S.A.P. [®] Dailies	A.S.A.P. [®] Diamond Brushes	ASAP [®] Indirect+	Contours™ Finishing & Polishing Discs	D-Fine Double Diamond™	Groovy [®] Diamond	D-Fine Shape & Shine™	Contours™ Coarse Anatomy Trimmers	Final Shine Cotton Polishing Wheels
Nano/Nanohybrid Composite	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Microfill	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Porcelain	✓	✓	✓	✓		✓	✓			✓
Zirconia	✓	✓	✓	✓		✓				✓
Lithium Disilicate	✓	✓	✓	✓		✓				✓
Bisacryl	✓	✓	✓		✓		✓			✓
Denture Acrylic	✓	✓	✓							✓

A.S.A.P.[®]

All Surface Access Polishers

One Shape. All Access. Unlimited Shine.

The ideal polish provides life-like vitality to your esthetic restorations. It also promotes restorative longevity, prevents staining and improves tissue health along the margins. The challenge has always been how to achieve a great polish, quickly – until now!

A.S.A.P.[®] All Surface Access Polishers from **Clinician's Choice[®]** provide the ultimate high shine, in less than a minute – with only one shape. These diamond-impregnated, flexible polishing spirals are designed for optimal adaptation to any surface, including difficult to reach areas, such as interproximal surfaces, and are ideal for use on most ceramics and zirconia, lithium disilicate, provisional materials and resin modified glass ionomers.



A.S.A.P. Pre-polisher

A.S.A.P. Pre-Polisher

Embedded with diamond particles (44 microns), the **A.S.A.P. Pre-polisher** (purple) gently diminishes small surface defects in less than 20 seconds, without affecting anatomy, and prepares the surface for a final high gloss polish.



A.S.A.P. Final High Shine Polisher

A.S.A.P. Final High Shine Polisher

The second step to this time-saving technique is to apply light to moderate pressure in a light wiping motion over the restoration to create a smooth, final high luster surface. Each **A.S.A.P. Final High Shine Polisher** (peach) is embedded with small, 3-6 micron sized diamond particles to provide a life-like shine in as little as 20 seconds.

Autoclavable 30 times or more, **A.S.A.P. Polishers** are designed to withstand wear while providing an efficient and consistent polish use after use. **A.S.A.P. Polishers** are available in both a small (10mm) for pedodontic, posterior restorations and patients with a restricted bite, as well as as a large (14mm) polisher. **A.S.A.P. Polishers** are available in a variety of kit and refill configurations. (See back page for ordering information.)

Dentistry and photography courtesy of Danièle Larose, DMD



A.S.A.P.® Dailies

All Surface Access Diamond Polishers



Polish for a Day and Throw Away

Take esthetics to a new level of efficiency and convenience with diamond impregnated **A.S.A.P.® Dailies**, the next generation of daily-use, disposable polishing from **Clinician's Choice®**.

Designed for multiple use in a single day, **A.S.A.P. Dailies** flexible spiral shape provides all surface access polishing and a fast, high gloss luster on all direct and indirect restorations and all restorative materials including: composite, ceramic, zirconia, lithium disilicate and provisionals. Delivering consistent results after multiple sterilization cycles,* diamond impregnated **A.S.A.P. Dailies** reduce your cost-per-use without sacrificing performance – simply polish for a day and throw away!

With no messy polishing paste required, the first step in the **A.S.A.P. Dailies** polishing sequence is a 15-20 second polish with the purple, 45 micron diamond impregnated Pre-polisher, followed by a light wiping motion with the peach Final High Shine Polisher (3-6 micron diamond particles) for a brilliant shine in as little as 30 seconds. (See back page for ordering information.)

*Minimum 3 sterilization cycles.



1. Upper right central composite veneer after pre-contouring with Contours™ Finishing and Polishing Discs.



2. Using a light wiping motion, the 45-micron diamond impregnated Pre-polisher is applied to the restorative surface.



3. The Final High Shine Polisher (peach) is applied for 15-20 seconds. A high luster shine is the result.



4. Final restoration utilizing Evanesce™ Universal shade B2 and A.S.A.P. Dailies.

Dentistry and photography courtesy of Bob Margeas, DDS



A.S.A.P.®

Diamond Polishing Brushes



In order for a posterior composite restoration to be functional as well as esthetic, natural occlusal anatomy should be reproduced in the restoration. Esthetics aside, a properly polished surface is essential to reduce plaque retention. Multi-shaped polishing systems are inefficient, while polishing cups and discs may not be able to penetrate the carefully placed grooves and pits. Polishing points quickly wear, having little effect on the surface polish in difficult to reach areas. The result is a restoration that is predisposed to plaque retention and staining, decreasing both esthetics and longevity.

A.S.A.P.® Diamond Brushes quickly produce a high gloss polish on both incline planes, ridges, pits, and grooves, all with one size and shape. Diamond impregnated bristles fan out along flat surfaces, spreading over cusp tips and marginal ridges, while the individual bristles polish the narrowest of grooves without altering anatomy.

The purple Pre-polisher removes small surface defects in less than 20 seconds. The peach colored Final Polisher is then applied for another 20 seconds to produce a natural luster and a lasting composite surface. (See back page for ordering information.)

ASAP® Indirect+

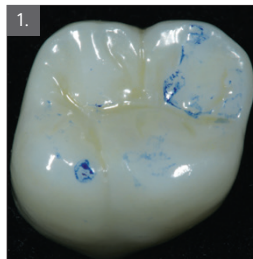
All Surface Access Polishers



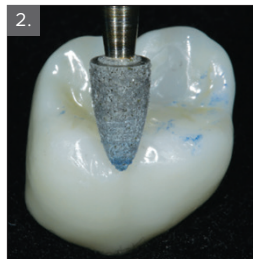
The **ASAP® Indirect+** diamond polishing system is all you need to refine and create an outstanding shine on all your ceramic restorations. This versatile system is fast and simple, delivering a super high-gloss polish A.S.A.P.! Designed with a higher concentration of diamond particles, coupled with a durable silicone binder, the **ASAP Indirect+** system is ideal for today's harder indirect restorative surfaces.

Available in intraoral or extraoral options, the **ASAP Indirect+** Starter Kits include multi-shaped, diamond impregnated "adjusters", as well as **ASAP Indirect+** diamond impregnated polishing wheels. To make minor adjustments or to remove scratches caused by diamond bur adjustments, the **ASAP Indirect+** Coarse Adjuster (grey), available in a disc, point or cylinder shape, can be used on any zirconia, lithium disilicate or ceramic prosthesis. Next, use the **ASAP Indirect+** Pre-polisher (blue) to smooth the prosthetic surface and initiate an initial gloss. The final step of this technique, is to apply light pressure using the **ASAP Indirect+** Final Polisher (pink) to create a stunning high luster polished surface, in seconds!

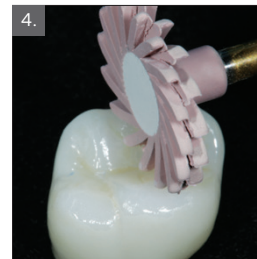
ASAP Indirect+ All Surface Access Polishers can access any surface: occlusal, lingual, interproximal and facial, eliminating the need for multiple shapes. (See back page for ordering information.)



To make minor adjustments or to remove scratches caused by diamond bur adjustments, the **ASAP Indirect+** Coarse Adjuster (available in a disc, point or cylinder shape) can be used on any zirconia, lithium disilicate or ceramic prosthesis.



The **ASAP Indirect+** Pre-polisher is used to smooth the prosthetic surface and establish an initial gloss.



The **ASAP Indirect+** Final Polisher creates a stunning high luster in seconds!



ASAP Indirect+ system restores a high luster polish on any zirconia, lithium disilicate or ceramic surface, in under a minute!

Dentistry and photography courtesy of Robert Lowe, DDS



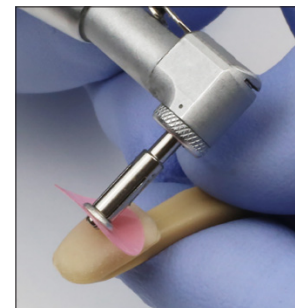
Contours™

Finishing & Polishing Discs












Contours™ Finishing and Polishing Discs are a color-coded, easy-to-use sequence of 4 semi-flexible Aluminum Oxide discs, designed to efficiently shape and refine your composite restoration, while polishing it to a life-like luster.

Contours Discs are available in the two most popular sizes of 3/8" and 1/2" diameters that effortlessly and securely pop onto a round mandrel. From coarse grit to superfine, the **Contours** Disc has a consistent flex that allows for control without gouging at the margin and minimizes any scarring of the surface from accidental contact with the metal center—no matter which direction the disc is facing. Intuitive shading of the discs, from dark purple to light pink as the grit decreases from coarse to superfine, allows for easy identification of each step of the polishing sequence. Choose the 3/8" disc for margins and areas near the papilla, as well as on posterior and/or pedodontic restorations. The larger 1/2" disc is perfect for larger surface reduction, contouring and polishing.



Contours Discs have a consistent flex that allows for control without gouging at the margin

The **Contours Finishing and Polishing Disc** system is designed to be used in sequence from coarse to superfine; however, the coarse and medium grit discs can also be used to establish surface texture as well as preparing the composite for the **A.S.A.P. Pre and Final High Shine Polishers** as part of an esthetic and efficient finishing and polishing regimen. (See back page for ordering information.)

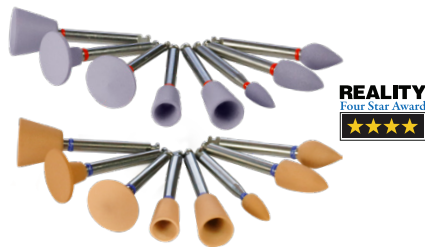
		Coarse	Medium	Fine	Superfine
	3/8" 9.5mm				
	1/2" 12.7mm				



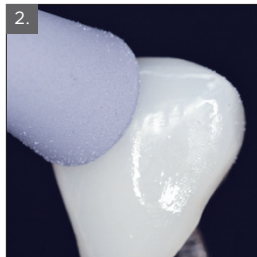
Contours Discs are used in sequence from coarse, medium, fine and superfine to reduce restoration thickness and length, refine contours and line angles, and produce a high luster polish.

Dentistry and photography courtesy of Todd C. Snyder, DDS, FAACD

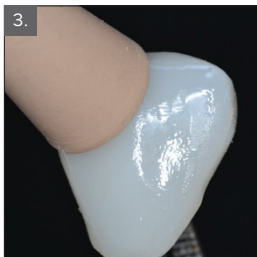
D-Fine Double Diamond™



1. Facial view of e-max crown after occlusal adjustments. Note matte surface caused by the adjustments at the buccal-incisal area.



2. Using a light wiping motion, the D-Fine Double Diamond Primary Polisher is used to create the initial polish.



3. Using light pressure with the D-Fine Double Diamond Final High Shine Polisher creates the final high gloss finish. Water spray is recommended.



4. The D-Fine Double Diamond final high shine achieved in about a minute of chair time.

One Polishing System for Composite (Hybrid & Nano) and Porcelain

Gone are the days of stocking one polishing system for porcelain and a different one for nano and hybrid composites. **D-Fine Double Diamond™ Polishers** give you the freedom to effectively polish both surfaces with the same polisher.

Dentistry's First Diamond Primary Polisher

Each Primary Polisher (purple) is embedded with diamond particles (average particle size 45 microns) to help create a smooth surface topography on nano and hybrid composites and porcelain and to get a great initial shine in one easy step.

High Shine At Double The Speed

After the initial polish comes the final high shine polish. With an abundant diamond concentration, **D-Fine Double Diamond Final High Shine Polishers** (peach) also have a small 5 micron diamond particle size giving you a better shine in less time.

Unmatched Flexibility

D-Fine Double Diamond polishers are designed to be flexible. When applied properly, the polishers will splay, closely hugging the surface topography and polishing (without the risk of ditching) the gingival margins.

Increased Cost-Efficiency

While many polishers wear out quickly after only a single use, **D-Fine Double Diamond Polishers** are autoclavable up to 275°F, and each polisher is designed to give you multiple polishes without compromising the performance. Using gentle pressure will extend the life of the polisher. (See back page for ordering information.)

Dentistry and photography courtesy of Gildo Santos, DDS

Groovy Diamond®



Polishing Brushes

A perfect polish in 30 seconds

Groovy Diamond® Polishing Brushes from **Clinician's Choice®** are diamond impregnated bristle brushes that create an ultra-high shine by polishing the surface grooves and detailed anatomy that you spend valuable chair time creating. The **Groovy Diamond Polishing Brush** technique is simple and efficient and won't leave behind that lifeless flat surface that often occurs with disc finishing systems.

Groovy Outpolishes

Groovy Diamond Polishing Brushes work faster than silicone rubber brushes and provide a higher shine. What's more, they will not lose their bristles like other polishing brushes. And with **Groovy**, there's no need for multiple steps or messy polishing pastes.

Groovy Outlasts

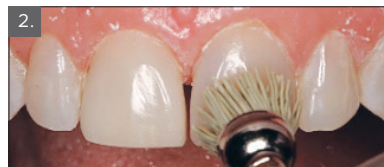
Groovy Brushes can be autoclaved and re-used dozens of times. You'll get more uses per brush and a more natural shine each time when you choose **Groovy Diamond Polishing Brushes** over silicone carbide brushes or other conventional polishers.

Groovy Outperforms

Groovy Diamond Polishing Brushes work on all nano and hybrid composites, porcelain, and bisacryl temporaries. They're truly universal! (See back page for ordering information.)



1. Upper left central composite veneer after pre-contouring with Contours™ point.



2. Light, intermittent pressure with Groovy Universal brush to create polish.



3. Final high luster shine created by Groovy Polishing Brush.

Dentistry and photography courtesy of Bob Margeas, DDS

D-Fine Shape & Shine™

Single Step Diamond Polishers



Before



After

Dentistry and photography courtesy of Bob Margeas, DDS

Define, Shape & Create Shine with a Single Polisher!

Time-saving **Shape & Shine™** diamond impregnated polishers allow you to effortlessly shape, contour, and polish cured composite material, all in a single step!

D-Fine Shape & Shine polishers feature 45 micron size diamond particles that conservatively contour composite when additional pressure is applied. During polishing, these diamond particles continuously break down, getting smaller in just seconds. The breakdown of micron particles results in a high luster, unrivalled finish on all hybrid and nanofilled composite materials. With **Shape & Shine**, minor contouring and polishing adjustments can now be made easily!

D-Fine Shape & Shine Single Step Diamond Polishers are durably designed, providing between 6 to 10 uses per polisher, and can be autoclaved at 270°F to 275°F. Available in 6 shapes to facilitate all restorative requirements. (See back page for ordering information.)

Contours™

Coarse Anatomy Trimmers



These 90 micron aluminum oxide coarse anatomy trimmers are designed to create secondary anatomy on your composite restorations. After you've created the gross anatomy with carbide or diamond burs, use **Contours™ Coarse Anatomy Trimmers** for refining the gross anatomy, removing striations, and creating secondary grooves, lobes, and characterization in the restoration.

Conventional polishers are inefficient and prone to premature wear. **Contours** are unique in that they trim composite quickly, without significant degradation. Available in 6 shapes, **Contours** are autoclavable and can be reused several times. (See back page for ordering information.)



Before



After

Final Shine

Cotton Polishing Wheels



Disposable **Final Shine Cotton Polishing Wheels** are made from ultra-soft cotton fibers that are bundled together to form a thick latch-driven applicator for aluminum oxide and ceramic polishing pastes. Their fleece-like design will not harm the surface or diminish the existing shine, while keeping the attached metal mandrel at a safe distance from the composite or ceramic surface, nor will it damage soft tissue or induce bleeding. Polishing paste actually becomes incorporated within the fibers of the **Final Shine Cotton Polishing Wheel**, minimizing splatter while keeping the paste against the surface of the restoration, as well as hard to access occlusal anatomy and interproximal surfaces for a quick and efficient final polishing step. **Final Shine Cotton Polishing Wheels** can be used with any polishing paste. (See back page for ordering information.)

A.S.A.P.[®]

All Surface Access Polishers

A.S.A.P.[®] Dailies

All Surface Access Diamond Polishers

A.S.A.P.[®]

Diamond Polishing Brushes

ASAP[®] Indirect+

All Surface Access Polishers

Contours[™]

Finishing & Polishing Discs

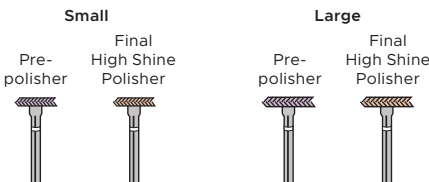
D-Fine[®] Double Diamond[™]

Starter Kit (130917)
12 Polishers (3 x Pre-polishers Small, 3 x Pre-polishers Large, 3 x Final High Shine Polishers Small, 3 x Final High Shine Polishers Large)

REFILL OPTIONS:
2-Packs
1 x Pre-polisher, 1 x Final High Shine Polisher Small (**130910**)
Large (**130911**)

3-Pack (Specify 1 shape)
3 x Pre-polisher Small (**131011**)
3 x Pre-polisher Large (**131012**)
3 x Final High Shine Polisher Small (**132013**)
3 x Final High Shine Polisher Large (**132014**)

6-Pack
3 x Pre-polishers, 3 x Final High Shine Polishers Small (**130913**)
Large (**130912**)



50-Pack (133160)
50 Polishers (25 x Pre-polishers, 25 x Final High Shine Polishers)

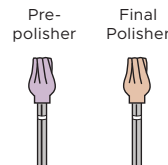


Polishing Brush and Wheel System Kit (133155)
4 Pre-polisher Wheels (2 x Large, 2 x Small),
4 Final High Shine Wheels (2 x Large, 2 x Small),
2 Pre-polisher Diamond Brushes,
2 Final Polisher Diamond Brushes

Trial Pack (133159)
1 x Pre-polisher, 1 x Final Polisher

REFILL OPTIONS:
3-Pack (Specify 1 shape)
3 x Pre-polisher (**133156**)
3 x Final Polisher (**133157**)

6-Pack (133158)
3 x Pre-polishers, 3 x Final Polishers



Intraoral/RA Starter Kit (130918)
3 Coarse Adjusters (1 x Point, 1 x Disc, 1 x Cylinder),
1 x Pre-polisher, 1 x Final Polisher

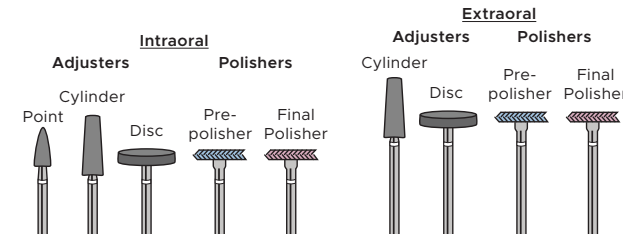
INTRAORAL REFILL OPTIONS:
2-Pack (130919)
1 x Pre-polisher, 1 x Final Polisher

3-Pack (Specify 1 shape)
3 x Point Adjuster (**130922**) 3 x Pre-polisher (**130920**)
3 x Cylinder Adjuster (**130923**) 3 x Final Polisher (**130921**)
3 x Disc Adjuster (**130924**)

Extraoral/HP Starter Kit (130940)
2 Coarse Adjusters (1 x Disc, 1 x Cylinder),
2 x Pre-polisher, 2 x Final Polisher

EXTRAORAL REFILL OPTIONS:
2-Pack (130941)
1 x Pre-polisher, 1 x Final Polisher

3-Pack (Specify 1 shape)
3 x Cylinder Adjuster (**130944**) 3 x Pre-polisher (**130942**)
3 x Disc Adjuster (**130945**) 3 x Final Polisher (**130943**)



Starter Kit (1/2") (133001)
400 discs (100ea: 1/2" Coarse, Medium, Fine, Superfine), 1 mandrel

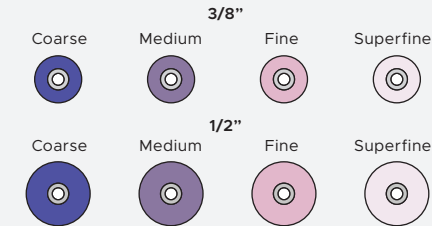
Starter Kit (3/8") (133002)
400 discs (100ea: 3/8" Coarse, Medium, Fine, Superfine), 1 mandrel

Trial Kit (133003)
200 discs (25ea: 1/2" Coarse, Medium, Fine, Superfine, 25ea: 3/8" Coarse, Medium, Fine, Superfine), 1 mandrel

Refill Options:
Disc Refill 85-Packs
Single shape (specify shape)

1/2" Coarse (**133004**)
1/2" Medium (**133005**)
1/2" Fine (**133006**)
1/2" Superfine (**133007**)
3/8" Coarse (**133008**)
3/8" Medium (**133009**)
3/8" Fine (**133010**)
3/8" Superfine (**133011**)

Mandrel Refill 3-Pack (133012)



Starter Kit (130916)
8 x Primary Polishers, 8 x Final High Shine Polisher (1 of each shape)

Trial Kit
(Specify 1 shape)
6 x Primary Polishers, 6 x Final High Shine Polishers
Shape 01 (**130901**) Shape 05 (**130905**)
Shape 02 (**130902**) Shape 06 (**130906**)
Shape 03 (**130903**) Shape 08 (**130908**)
Shape 04 (**130904**) Shape 09 (**130909**)

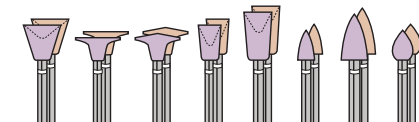
Refill Options:
Primary Polisher 12-Pack
(Specify 1 shape)

Shape 01 (**131501**) Shape 05 (**131505**)
Shape 02 (**131502**) Shape 06 (**131506**)
Shape 03 (**131503**) Shape 08 (**131508**)
Shape 04 (**131504**) Shape 09 (**131509**)

Final High Shine Polisher 12-Pack
(Specify 1 shape)

Shape 01 (**132501**) Shape 05 (**132505**)
Shape 02 (**132502**) Shape 06 (**132506**)
Shape 03 (**132503**) Shape 08 (**132508**)
Shape 04 (**132504**) Shape 09 (**132509**)

Each shape available in Primary and Final High Shine Polisher



Groovy Diamond

Polishing Brushes

D-Fine

Shape & Shine™

Single Step Diamond Polishers

Contours™

Coarse Anatomy Trimmers

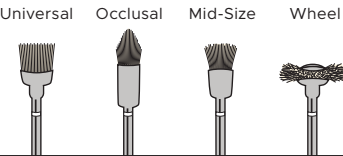
Final Shine

Cotton Polishing Wheels

Mix Pack (650623)
2 x Universal, 2 x Mid-Size, 2 x Occlusal

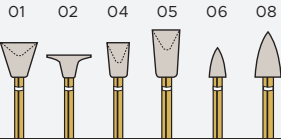
Tri-Pack (650124)
4 x Universal, 4 x Occlusal, 4 x Mid-Size

Refill Options:
6-Pack (Specify 1 shape)
6 x Universal **(650601)**
6 x Occlusal **(650602)**
6 x Mid-Size **(650604)**
6 x Wheel **(650605)**



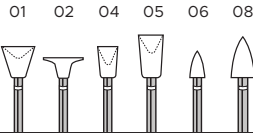
Trial Pack (415906)
12 Polishers (2 of each shape)

Refill Options:
10-Pack
10 Polishers, Single shape (specify shape)
#01 (415501)
#02 (415502)
#04 (415504)
#05 (415505)
#06 (415506)
#08 (415508)



12-Pack (078912)
12 Trimmers (2 of each shape)

Refill Options:
20-Pack
20 Trimmers, Single shape (specify shape)
#01 (078201)
#02 (078202)
#04 (078204)
#05 (078205)
#06 (078206)
#08 (078208)



50-pack (133500)





Clinician's Choice[®]

Designed for better dentistry.

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